

SUN	MON	TUE	WED	THUR	FRI	SAT
ROOM KEY AC - Arts Center BR - Ballroom BLR - Billiards Room BRD - Board Room CR - Club Room	GL - Garden Level LB - Library L - Lobby PL - Piano Lounge P - Pool			10:00 Exercise Class (BR) 1 12:00 Balance Class (BR) 1:30 Matinee Bridge (CR) 3:00 NBC Interview w/ Francis Otoo (BR) 4:00 French Club (PL)	9:00 Food Committee Meeting (BRD) 2 10:00 Cardio Core & More (BR) 10:30 "Art Now" Workshop (AC) 12:00 Tai Chi Class (BR) 1:30 Old Georgetown Rd. Shuttle (L) 1:30 Bible Study w/Sean Boyd (BRD) 3:00 Billiards Lessons (BLR) 7:30 Social Bridge (CR) 8:00 Movie Night (BR/Ch.975)	8:00 All Day Ping-Pong (AC) 3 9:30 Pool-side Continental Breakfast (P) 10:30 Let's Color (CR) 2:30 Afternoon Tea (PL) 8:00 Bingo (CR)
8:00 All Day Ping-Pong (AC) 4 9:30 Church Shuttle (L) 3:00 Billiards Team Play (BLR) 4:00 Art Gallery Show (CR)	10:00 Pilates (BR) 5 1:30 Old Georgetown Rd. Shuttle (L) 2:00 Manna Smart Sacks (AC) 2:30 Water Aerobics Class (P) 3:45 Yoga Class (BR) 7:00 Duplicate Bridge (CR) 7:30 Men's Pool Group (BLR) 8:00 Movie Night (BR/Ch.975)	<i>D-Day</i> 10:00 Exercise Class (BR) 6 11:00 Movie Committee Meeting (AC) 12:00 Balance Class (BR) 3:00 Food Discussion Group (PL) 3:30 Bible Study (CR) 4:00 Meditation in Motion (BR) 5:00 Sing-a-Long w/ Jerry Roman (PL) 8:00 Wiz Quiz (BR)	10:00 Cardio Core & More (BR) 7 10:15 Depart to: Movies (L) 11:00 Caregiver Support Group (BRD) 1:30 Shop at Montgomery Mall (L) 3:00 Billiards Team Play (BLR) 4:00 Arts & Crafts with Margaret (AC) 4:30 Resident Reception (PL)	10:00 Exercise Class (BR) 8 12:00 Balance Class (BR) 1:30 Matinee Bridge (CR) 2:00 Book Club (LB) 4:00 Episcopal Service (CR) 7:15 Depart to: BSO at Strathmore (L) 8:00 Current Events (BR)	10:00 Zumba Gold (BR) 9 10:30 "Art Now" Workshop (AC) 12:00 Tai Chi Class (BR) 1:30 Old Georgetown Rd. Shuttle (L) 1:30 Bible Study w/Sean Boyd (BRD) 2:30 Shabbat Service (GL) 3:00 Billiards Lessons (BLR) 6:45 Depart to: Kennedy Center (L) 7:30 Social Bridge (CR) 8:00 Movie Night (Ch.975 ONLY)	8:00 All Day Ping-Pong (AC) 10 9:30 Pool-side Continental Breakfast (P) 10:30 Let's Color (CR) 11:00 Community Shopping w/ Taylor Marie (BR) 2:00 Resident Fashion Show (BR) 2:30 Afternoon Tea (PL) 3:00 Chorus Group (BR) 8:00 Bingo (BR)
8:00 All Day Ping-Pong (AC) 11 9:30 Church Shuttle (L) 12:45 Depart to: Kensington Town Hall (BR) 3:00 Billiards Team Play (BLR)	10:00 Pilates (BR) 12 11:30 Activity Advisory Committee Meeting (AC) 1:30 Cabin John Shopping Center (L) 2:00 Manna Smart Sacks (AC) 2:30 Water Aerobics Class (P) 3:45 Yoga Class (BR) 7:00 Duplicate Bridge (CR) 7:30 Men's Pool Group (BLR) 8:00 Movie Night (BR/Ch.975)	10:00 Exercise Class (BR) 13 11:00 Newsletter Committee Meeting (AC) 12:00 Balance Class (BR) 2:30 Catholic Mass (GL) 3:00 Food Discussion Group (PL) 4:00 Meditation in Motion (BR) 8:00 Wolf Trap Performance (BR)	10:00 Cardio Core & More (BR) 14 11:00 Extended Shopping at Montgomery Mall (L) 1:00 Knitting Circle (PL) 1:30 Men's Discussion Group (BR) 3:00 Billiards Team Play (BLR) 3:30 Sing-a-Long w/ Vivi Allen (BR) 4:00 Arts & Crafts with Margaret (AC) 8:00 Dr. Jenner's Lecture Series: (BR)	10:00 Exercise Class (BR) 15 12:00 Balance Class (BR) 1:30 Matinee Bridge (CR) 3:00 Resident Town Hall (BR) 4:00 French Club (PL) 8:00 Judy Feldman's Lecture (BR)	10:00 Zumba Gold (BR) 16 10:30 "Art Now" Workshop (AC) 12:00 Tai Chi Class (BR) 1:30 Old Georgetown Rd. Shuttle (L) 1:30 Bible Study w/Sean Boyd (BRD) 3:00 Billiards Lessons (BLR) 4:00 Happy Hour (PL) 5:00 Strathmore Artist in Residence (BR) 7:30 Social Bridge (CR) 8:00 Movie Night (BR/Ch.975)	8:00 All Day Ping-Pong (AC) 17 9:30 Pool-side Continental Breakfast (P) 10:30 Let's Color (CR) 2:30 Afternoon Tea (PL) 8:00 Bingo (BR)
8:00 All Day Ping-Pong (AC) 18 9:30 Church Shuttle (L) 3:00 Billiards Team Play (BLR)	10:00 Pilates (BR) 19 1:30 Old Georgetown Rd. Shuttle (L) 2:00 Manna Smart Sacks (AC) 2:30 Water Aerobics Class (P) 3:45 Yoga Class (BR) 7:00 Duplicate Bridge (CR) 7:30 Men's Pool Group (BLR) 8:00 Movie Night (BR/Ch.975)	10:00 Exercise Class (BR) 20 12:00 Balance Class (BR) 3:00 Food Discussion Group (PL) 3:30 Bible Study (CR) 4:00 Meditation in Motion (BR) 5:00 Special Evening Concert (BR)	10:00 Cardio Core & More (BR) 21 10:30 Depart to; Clarksburg Outlets (L) 11:00 Caregiver Support Group (BRD) 1:30 Shop at Montgomery Mall (L) 3:00 Billiards Team Play (BLR) 4:00 Arts & Crafts with Margaret (AC) 5:30 Wine Dinner (CR) 8:00 MACCRA Presentation (BR)	10:00 Exercise Class (BR) 22 12:00 Balance Class (BR) 1:30 Matinee Bridge (CR) 2:00 Thoughtful Treasures (AC) 3:00 The Maplewood Players (BR) 8:00 Current Events (BR)	10:00 Zumba Gold (BR) 23 10:30 "Art Now" Workshop (AC) 12:00 Tai Chi Class (BR) 1:30 Old Georgetown Rd. Shuttle (L) 1:30 Bible Study w/Sean Boyd (BRD) 2:30 Shabbat Service (GL) 3:00 Billiards Lessons (BLR) 7:30 Social Bridge (CR) 8:00 Movie Night (BR/Ch.975)	8:00 All Day Ping-Pong (AC) 24 9:30 Pool-side Continental Breakfast (P) 10:30 Let's Color (CR) 11:00 -3:00 pm Janette's Traveling Show (BR) 2:30 Afternoon Tea (PL) 2:45 Depart to: Washington Nationals "Baseball Game" (L) 3:00 Chorus Group (BR) 8:00 Bingo (BR)
8:00 All Day Ping-Pong (AC) 25 9:30 Church Shuttle (L) 3:00 Billiards Team Play (BLR)	10:00 Pilates (BR) 26 1:30 Cabin John Shopping Center (L) 2:00 Manna Smart Sacks (AC) 2:30 Water Aerobics Class (P) 3:45 Yoga Class (BR) 7:00 Duplicate Bridge (CR) 7:30 Men's Pool Group (BLR) 8:00 Movie Night (BR/Ch.975)	10:00 Exercise Class (BR) 27 12:00 Balance Class (BR) 1:00 Knitting Circle (PL) 3:00 Food Discussion Group (PL) 4:00 Meditation in Motion (BR) 8:00 Monthly Birthday Celebration (BR)	10:00 Depart to: National Gallery of Art (L) 28 10:00 Cardio Core & More (BR) 12:00 Arlington Rd. Shuttle (L) 1:30 Men's Discussion Group (BR) 1:30 Shop at Montgomery Mall (L) 3:00 Billiards Team Play (BLR) 3:00 Landscaping Committee Meeting (BRD) 4:00 Arts & Crafts with Margaret (AC) 5:00 Summer BBQ (CR)	10:00 Exercise Class (BR) 29 12:00 Balance Class (BR) 1:30 Matinee Bridge (CR) 8:00 Dance Performance w/ Dmitri Dolgopolo (BR)	10:00 -3:00 pm Linda's Treasures (CR) 30 10:00 Zumba Gold (BR) 10:30 "Art Now" Workshop (AC) 12:00 Tai Chi Class (BR) 1:30 Rockville Pike Shuttle (L) 1:30 Bible Study w/Sean Boyd (BRD) 3:00 Chorus Recital (BR) 3:00 Billiards Lessons (BLR) 7:30 Social Bridge (CR) 8:00 Movie Night (BR/Ch.975)	

June 2017

Independent Living

9707 Old Georgetown Road, Bethesda, MD 20814

