

SUN	MON	TUE	WED	THUR	FRI	SAT						
9:30 Church Shuttle 3:00 Billiards Team Play (BLR) 4:00 Art Gallery Reception (CR)	1 Read Across America Day 10:00 BRIDGING GENERATIONS (BR) 10:00 Exercise Class - Cardio Balance (CR) 10:30 Water Aerobics Class (P) 11:45 Depart to: NIH "Manchester String Quartet" (L) 1:30 Old Georgetown Rd. Shuttle (L) 2:00 Manna Smart Sacks (AC) 3:00 Billiards Lesson (BLR) 3:00 Yoga Class (BR) 7:00 Duplicate Bridge (CR) 7:30 Men's Pool Group (BLR) 8:00 Movie Night (Ch.975 ONLY)	2	10:00 Exercise Class - Muscle Fit (BR) 11:00 Movie Committee Meeting (Art Center) 11:30 Balance Class (Closed) (BR) 2:00 Trivia Pursuit Game (CR) 3:00 Food Discussion Group (AC) 4:00 Meditation in Motion (BR) 8:00 Wiz Quiz (BR)	3	10:00 Movements that Matter /w Aaron Gamble 10:45 Depart to: Arena Stage (L) 1:00 Shop at Montgomery Mall (L) 1:30 Montgomery College Course: "How to Decipher Paintings: Artists of Renaissance Venice" (BR) 2:00 Afternoon Bingo (GL) 3:00 Billiards Team Play (BLR) 4:30 Resident Reception (PL)	4	10:00 Exercise Class - Muscle Fit (BR) 11:30 Balance Class (Closed) (BR) 1:30 Tea Sandwich Social (PL) 3:00 Resident Town Hall Meeting (BR) 4:00 Arts & Crafts with Margaret (AC)	5	9:00 Food Committee Meeting (BRD) 10:00 Exercise Class - Cardio Gold (BR) 12:00 Tai Chi (BR) 1:00 Mahjong "Made Easy" (CR) 1:30 Montgomery College Course: "Piano Conversations: Great Masters of Vienna" (BR) 1:30 Old Georgetown Rd. Shuttle (L) 3:00 Billiards Team Play (BLR) 7:30 Social Bridge (CR) 7:30 Evening Entertainment w/ The Victorian Lyric Opera "The Pirates of Penzance" (BR) 8:00 Movie Night (Ch.975 ONLY)	6	9:30 Continental Breakfast (PL) 10:30 Let's Color! (Art Center) 2:30 Afternoon Tea (PL) 3:00 Chorus Rehearsal (BR) 7:30 Bingo (PL)	7
Daylight Saving Time starts 9:30 Church Shuttle 3:00 Billiards Team Play (BLR) 4:00 Sing A Long with Jerry Roman (Garden Level SC)	8 Purin 10:00 Exercise Class - Cardio Balance (BR) 10:30 Water Aerobics Class (P) 11:00 Activity Advisory Committee Meeting (AC) 1:30 Cabin John Shopping Center 2:00 Manna Smart Sacks (AC) 2:00 Maplewood Market Discussion (CR) 3:00 Billiards Lesson (BLR) 3:00 Yoga Class (BR) 7:00 Duplicate Bridge (CR) 7:30 Men's Pool Group (BLR) 8:00 Movie Night (Ch.975 ONLY)	9	10:00 Exercise Class - Muscle Fit (BR) 11:00 Newsletter Committee Meeting (AC) 11:30 Balance Class (Closed) (BR) 2:00 Trivia Pursuit Game (CR) 2:30 Catholic Mass (GL) 3:00 Food Discussion Group (AC) 4:00 Meditation in Motion (BR) 8:00 Dr. Jenner's Lecture Series: (BR)	10	10:00 Movements that Matter /w Aaron Gamble 11:00 Extended Shopping at Montgomery Mall (L) 1:00 Knitting Circle (PL) 1:30 Men's Discussion Group (BR) 1:30 Montgomery College Course: "How to Decipher Paintings: Artists of Renaissance Venice" (BR) 2:00 Afternoon Bingo (GL) 3:00 Billiards Team Play (BLR) 3:30 Sing-a-Long w/ Vivi Allen (PL)	11	10:00 Exercise Class - Muscle Fit (BR) 11:30 Balance Class (Closed) (BR) 2:00 Book Club (CR) 3:15 Current Events Club Discussion (BR) 4:00 Arts & Crafts with Margaret (AC) 4:00 Episcopal Service (CR) 7:15 Depart to: Strathmore Music Center "BSO" (L)	12	10:00 Exercise Class - Cardio Gold (BR) 10:30 Writing Memoir Class (BRD) 12:00 Tai Chi (BR) 1:00 Mahjong "Made Easy" (CR) 1:30 Montgomery College Course: "Piano Conversations: Great Masters of Vienna" (BR) 1:30 Old Georgetown Rd. Shuttle (L) 2:30 Shabbat Service (GL) 3:00 Billiards Team Play (BLR) 4:00 STAR: Stimulating Thought & Reminiscence (BR) 7:30 Social Bridge (CR) 8:00 Movie Night (Ch.975 ONLY)	13	Pi Day 9:30 Continental Breakfast (PL) 10:30 Let's Color! (Art Center) 11:30 Depart to: Germantown Regal (Met Opera) (L) 2:30 Afternoon Tea (PL) 3:00 Chorus Rehearsal (BR) 7:30 Bingo (PL)	14
9:30 Church Shuttle 3:00 Billiards Team Play (BLR) 8:00 Depart to: Strathmore Music Center "Tony Bennet" (L)	15 10:00 Exercise Class - Cardio Balance (BR) 10:30 Water Aerobics Class (P) 1:30 Old Georgetown Rd. Shuttle (L) 2:00 Manna Smart Sacks (AC) 2:00 Building & Facilities Committee Meeting (BRD) 3:00 Billiards Lesson (BLR) 3:00 Yoga Class (BR) 4:00 Thinking Outside the Box (BR) 7:00 Duplicate Bridge (CR) 7:30 Men's Pool Group (BLR) 8:00 Movie Night (Ch.975 ONLY)	16	St. Patrick's Day 10:00 Exercise Class - Muscle Fit (BR) 11:30 Balance Class (Closed) (BR) 2:00 Trivia Pursuit Game (CR) 3:00 Caregiver Support Group (TBD) 3:00 Food Discussion Group (AC) 3:30 St. Patrick's Day Celebration (PL) 4:00 Meditation in Motion (CR) 8:00 Wiz Quiz (BR)	17	10:00 Depart to: National Gallery of art (L) 10:00 Movements that Matter /w Aaron Gamble 1:00 Shop at Montgomery Mall (L) 1:30 Montgomery College Course: "How to Decipher Paintings: Artists of Renaissance Venice" (BR) 2:00 Afternoon Bingo (GL) 3:00 Billiards Team Play (BLR) 5:30 Wine Dinner (CR) 8:00 Maccra Presentation (BR)	18	Spring Equinox 10:00 Exercise Class - Muscle Fit (BR) 11:30 Balance Class (Closed) (BR) 2:00 Wellness Memory Series w/ Jonina Duker (BR) 3:00 Resident Town Hall Meeting (BR) 4:00 Sip & Paint (AC) 8:00 Evening Lecture w/ Dr. Faust Rossi (BR)	19	10:00 Exercise Class - Cardio Gold (BR) 12:00 Tai Chi (BR) 1:00 Mahjong "Made Easy" (CR) 1:30 Montgomery College Course: "Piano Conversations: Great Masters of Vienna" (BR) 1:30 Old Georgetown Rd. Shuttle (L) 3:00 Billiards Team Play (BLR) 7:30 Social Bridge (CR) 10:15 Movie Night (Ch.975 ONLY)	20	9:30 Continental Breakfast (PL) 10:30 Let's Color! (Art Center) 11:00 Community Shopping w/ Taylor Marie (BR) 2:30 Afternoon Tea (PL) 3:00 Chorus Rehearsal (BR) 7:30 Bingo (PL)	21
9:30 Church Shuttle 2:00 Dr. Jenner's Complementary Lecture: "The Life of Alice Roosevelt" (BR) 3:00 Billiards Team Play (BLR)	22 10:00 Exercise Class - Cardio Balance (BR) 10:30 Water Aerobics Class (P) 1:30 Cabin John Shopping Center 2:00 Manna Smart Sacks (AC) 3:00 Billiards Lesson (BLR) 3:00 Yoga Class (BR) 7:00 Duplicate Bridge (CR) 7:30 Men's Pool Group (BLR) 8:00 Movie Night (Ch.975 ONLY)	23	10:00 Exercise Class - Muscle Fit (BR) 10:00 Jewelry Repair Clinic (PL) 10:30 Writing Memoir Class (BRD) 11:30 Balance Class (Closed) (BR) 12:00 Lunch Outing (L) 2:00 Trivia Pursuit Game (CR) 3:00 Food Discussion Group (AC) 4:00 Meditation in Motion (BR) 8:00 Art Lecture w/ Judy Feldman (BR)	24	10:00 Movements that Matter /w Aaron Gamble 10:45 Depart to: Arena Stage (L) 12:00 Dollar Tree (L) 1:00 Knitting Circle (PL) 1:00 Shop at Montgomery Mall (L) 1:30 Men's Discussion Group (BR) 2:00 Afternoon Bingo (GL) 3:00 Landscaping Committee Meeting (BRD) 3:00 Billiards Team Play (BLR)	25	10:00 Exercise Class - Muscle Fit (BR) 11:30 Balance Class (Closed) (BR) 2:00 Thoughtful Treasures (AC) 3:15 Current Events Club Discussion (BR) 4:00 Arts & Crafts with Margaret (AC) 6:00 Murder & Mystery Dinner (BR)	26	10:00 Exercise Class - Cardio Gold (BR) 12:00 Tai Chi (BR) 1:00 Mahjong "Made Easy" (CR) 1:30 Montgomery College Course: "Piano Conversations: Great Masters of Vienna" (BR) 1:30 Rockville Pike Shuttle 2:30 Shabbat Service (GL) 3:00 Billiards Team Play (BLR) 4:00 STAR: Stimulating Thought & Reminiscence (BR) 7:30 Social Bridge (CR) 8:00 Movie Night (Ch.975 ONLY)	27	9:30 Continental Breakfast (PL) 10:30 Let's Color! (Art Center) 2:30 Afternoon Tea (PL) 3:00 Chorus Rehearsal (BR) 7:30 Bingo (PL)	28
9:30 Church Shuttle 2:00 Afternoon Concert (BR) 3:00 Billiards Team Play (BLR)	29 10:00 Exercise Class - Cardio Balance (BR) 10:30 Water Aerobics Class (P) 2:00 Manna Smart Sacks (AC) 3:00 Billiards Lesson (BLR) 3:00 Yoga Class (BR) 7:00 Duplicate Bridge (CR) 7:30 Men's Pool Group (BLR) 8:00 Movie Night (Ch.975 ONLY)	30	10:00 Exercise Class - Muscle Fit (BR) 11:30 Balance Class (Closed) (BR) 1:30 Montgomery College Course: "Novellas: Short Fiction with Pop" (BR) 2:00 Trivia Pursuit Game (CR) 3:00 Food Discussion Group (AC) 4:00 Meditation in Motion (BR)	31	ROOM KEY AC - Arts Center BR - Ballroom BLR - Billiards Room BRD - Board Room CR - Club Room GL - Garden Level L - Lobby PL - Piano Lounge P - Pool							

March 2020

Independent Living

9707 Old Georgetown Road, Bethesda, MD 20814

