

Recreation Program: Week of November 9th– November 15th

Monday, Nov 9 th	Transportation to Doctor Appointments	8:00 am – 4:00 pm
10:00 am	Virtual DVD Exercise Class – Core Strength (Pilates)	Ch. 975 only
11:00 am	Activities Committee Meeting	Club Room
11:30 am	Balance Class (PT physical assessment needed)	Ballroom
12:00 pm	Documentary: Ernest Hemingway, Wrestling with Life	Ch.975 Only
2:00 pm	Afternoon Movie: "The 12th Man"	Ch.975 Only
3:00 pm	Presidential Trivia & Words Game	Ballroom
4:00 pm	Kennedy Center Opera House Orchestra	Ch. 975 Only
8:00 pm	Monday Night Movie: A New Leaf	Ch.975 ONLY
Tuesday, Nov 10 th	Transportation to Doctor Appointments	8:00 am – 4:00 pm
10:00 am	Virtual DVD Exercise Class – Core Strength	Ch. 975 Only
11:30 am	Balance Class (PT physical assessment needed)	Ballroom
12:00 pm	The James Bond Story: 007 Documentary	Ch. 975 Only
2:30 pm	Catholic Mass with Father Giese	Ballroom
3:00 pm	Afternoon Movie: Under the Bombs	Ch. 975 Only
4:00 pm	STAR Program: "Remembering Times in History: The 60's"	Ballroom
5:30 pm	Evening Movie: The Ryan White Story	Ch. 975 Only
Wednesday, Nov 11 th	Transportation to Doctor Appointments	8:00 am – 12pm
9:00 am	Flag Raising Ceremony	Lobby
9:30 am	Continental Breakfast Grab & Go	Piano Lounge
10:00 am	Virtual DVD Exercise Class – Simply Seated	Ch. 975 Only
10:30 am	A Tribute to Our Veteran Residents	Ch. 975 Only
11:00 am	Exercise Class w/ Dominique – Core Strength	Cancelled
12:00 pm	BBC Documentary: Secret of the Museum	Ch. 975 Only
1:30 pm	Depart to: Cabin John Shopping Center (Sign up Required)	Lobby
2:00 pm	Popcorn & Movie: "Jojo Rabbit"	Ballroom/Ch.975
4:00 pm	Bingo	Club Room
5:30 pm	Evening Movie: "Miss Virginia" NAME TAG DAY!	Ch. 975 Only
Thursday, Nov 12 th	Transportation to Doctor Appointments	8:00 am – 4:00 pm
10:00 am	Virtual DVD Exercise Class – Core Stretch	Ch. 975 only
11:30 am	Balance Class (PT physical assessment needed)	Ballroom
12:00 pm	Documentary: Paris Unexpected Treasures with G. Rhys	Ch. 975 Only
1:00 pm	Ted Talk Discussion: "How to be Happy Every Day"	Ballroom
2:00 pm	Afternoon Movie: The Ballad of Lefty Stone	Ch. 975 Only
3:00 pm	Afternoon Concert with Guitarist Tom Lagana	Ballroom
4:00 pm	Art & Crafts	Art Center
5:30 pm	Metropolitan Opera: Les Pecheurs De Perles	Ch. 975 only
Friday, Nov 13 th	Transportation to Doctor Appointments	8:00 am- 12:30 pm
10:00 am	Virtual DVD Exercise Class – Core Strength (Pilates)	Ch. 975 only
10:00 am	Walking Group with Dominique	Lobby
12:00 pm	Virtual Tai Chi Class	Ch. 975 Only
1:00 pm	Chair Dancing Through the Decades Video *NEW*	Ballroom/Ch.975
2:00 pm	Bus Ride to Downtown Bethesda (Sign up Required)	Lobby
2:30 PM	Virtual Shabbat Service	Ch. 975 only
3:30 pm	Afternoon Movie: "The Giant"	Ch. 975 only
8:00 pm	Movie Night: The In-Laws	Ch.975 only
Saturday, Nov 14 th	Closed	
10:30 am	Coloring	Club Room
2:00 pm	Afternoon Movie: Chicago	Ch. 975 only
Sunday, Nov 15 th	Closed	
2:00 pm	Afternoon Movie: The Plow that Broke The Palins & the River	Ch. 975 ONLY

Monday Movie: Monday, November 9th: A New Leaf

(1971) Rated R 1 hrs 42 mins. English Subtitles Available

Self-centered New York playboy Henry Graham schemes to marry a wealthy woman -- and then kill her. But when his new bride proves to be an innocent klutz, Henry starts to change. Soon Henry is disposing of his self-serving ways instead of his wife.

Friday Movie: Friday, November 13th: The In-laws

(1979) Rated PG-13 1 hrs 43 mins. English Subtitles Available

Alan Arkin stars as a dentist who quickly grows skeptical about his daughter's wild claims that her future father-in-law, Vince (Peter Falk), is a CIA agent. But when he's sucked into a bizarre adventure in a banana republic, Arkin begins to reassess his opinion. Is Vince really all he's cracked up to be, or just out of his mind? Arkin and Falk excel as an odd couple brought together by outrageous circumstances.