

Recreation Program: Week of January 11th– January 17th

Monday, January 11 th		Transportation to Doctor Appointments	8:00 am - 4:00 pm
10:00 am	Virtual DVD Exercise Class – Core Strength (Pilates)		Ch. 975 only
11:00 am	Activity Advisory Committee Meeting		Club Room
11:30 am	Balance Class (PT physical assessment needed)		Ballroom
12:00 pm	A&E Biography: Judy Garland		Ch.975 Only
2:00 pm	Afternoon Movie: The Fundamentals of Caring		Ch.975 Only
4:00 pm	STAR Program: "Word in a Word" (Limit 10)		Ballroom
8:00 pm	Monday Night Movie: Sweeney Todd		Ch.975 ONLY
Tuesday, January 12 th		Transportation to Doctor Appointments	8:00 am – 4:00 pm
10:00 am	Virtual DVD Exercise Class – Core Strength		Ch. 975 Only
11:00 am	Movie Newsletter Committee Meeting		Club Room
11:30 am	Balance Class (PT physical assessment needed)		Ballroom
12:00 am	The Metropolitan Museum of Art: A World of Art		Ch. 975 Only
2:00 pm	Afternoon Movie: Otherhood		Ch. 975 Only
2:30 pm	Catholic Mass (Sign up required)		Ballroom
4:00 pm	STAR Program: "Trivia Challenge" (Limit 10)		Ballroom
5:00 pm	Evening Movie: Like Father		Ch. 975 Only
Wednesday, January 13 th		Transportation to Doctor Appointments	8:00 am – 12:00pm
7:45 am	Trader Joes Shopping Shuttle (Sign up required)		Lobby
10:00 am	Virtual DVD Exercise Class – Core Strength (Pilates)		Ch. 975 Only
11:00 am	Exercise Class w/ Dominique – Cardio Stretch		Ballroom
12:00 pm	Documentary: A Plastic Ocean		Ch. 975 only
1:30 pm	Current Events Discussion with Bill Flury (Limit 15)		Ballroom
1:30 pm	Cabin John Shopping Ctr. (Sign up Required)		Lobby
2:00 pm	Afternoon Movie: Sylvie's Love		Ch.975 Only
4:00 pm	Bingo (Sign Up Required)		Club Room
5:00 pm	The Met Opera on Demand: The Barber of Seville		Ch. 975 Only
Thursday, January 14 th		Transportation to Doctor Appointments	8:00 am – 4:00 pm
10:00 am	Virtual DVD Exercise Class – Core Stretch		Ch. 975 only
11:00 am	Vitality Wellness Class: Flexibility		Ch. 975 Only
11:30 am	Balance Class (PT physical assessment needed)		Club Room
12:00 pm	Documentary: Robert Mitchum: A Reluctant Star		Ch. 975 Only
1:00 pm	Book Club Meeting (Limit 20)		Ballroom
2:00 pm	Afternoon Movie: Blackbird		Ch. 975 Only
3:00 pm	Candidates Forum (Sign up required)		Ballroom/Ch. 975
5:00 pm	Evening Movie: The King		Ch. 975 Only
Friday, January 15 th		Transportation to Doctor Appointments	8:00 am – 12:00 pm
10:00 am	Virtual DVD Exercise Class – Core Strength (Pilates)		Ch. 975 Only
11:00 am	Exercise Class w/ Dominique – Strength & Stretch		Ballroom
11:20 am	Vitality Wellness Class: Flexibility		Ch. 975 Only
12:00 pm	Virtual Tai Chi Class		Ch. 975 Only
2:00 pm	Afternoon Movie: Gemini Man		Ch. 975 Only
2:15 pm	Scenic Tour: Back Hill State Park (Sign up required)		Lobby
8:00 pm	Movie Night: Of Human Bondage		Ch.975 only
Saturday, January 16 th			Closed
2:00 pm	Afternoon Movie: "An Affair to Remember"		Ch. 975 only
Sunday, January 17 th			Closed
2:00 pm	Afternoon Movie: "It Happened in Brooklyn"		Ch. 975 ONLY

Monday Movie: Monday, January 11th: Sweeney Todd

R 2007 · Musical/Horror · 1h 57m English Subtitles Available

Evil Judge Turpin (Alan Rickman) lusts for the beautiful wife of a London barber (Johnny Depp) and transports him to Australia for a crime he did not commit. Returning after 15 years and calling himself Sweeney Todd, the now-mad man vows revenge, applying his razor to unlucky customers and shuttling the bodies down to Mrs. Lovett (Helena Bonham Carter), who uses them in her meat-pie shop. Though many fall to his blade, he will not be satisfied until he slits Turpin's throat.

Friday Movie: Friday, January 15th: Of Human Bondage

1934 · Drama/Drama · 1h 45m English Subtitles Available

Based on a novel by W. Somerset Maugham, this drama follows Philip Carey (Leslie Howard), an English medical student who abandons his artistic aspirations when he falls for Mildred Rogers (Bette Davis), a callous and manipulative waitress. Despite Mildred's abuse, Philip becomes completely obsessed with her as she walks into and out of his life. Whenever it seems that Philip is ready to move on, Mildred reappears, in a seemingly inescapable vicious cycle.