

Recreation Program: April 2021

MON	11:00 am 11:30 pm 12:00 pm 2:00 pm 3:00 pm 4:00 pm 7:30 pm 8:00 pm	Virtual DVD Exercise Class – Core Strength (Pilates) Activity Advisory Committee Meeting Balance Class (PT physical assessment needed) Rick Steves Travel: Egypt Yesterday and Today Afternoon Movie: "My Fair Lady" Billiards Team Play Trivia Challenge Men's Pool Group Monday Night Movie: "Ma Rainey's Black Bottom"	Ch. 975 only Club Room Ballroom Ch. 975 only Ch. 975 Only Billiards Room Club Room Billiards Room Ch.975 only
TUES	10:00 am 11:00 am 11:30 am 12:00 am 2:00 pm 2:30 pm 4:00 pm 7:30 pm	Virtual DVD Exercise Class – Core Strength Newsletter Committee Meeting Balance Class (PT physical assessment needed) Prince Philip: A King Without A Crown Afternoon Movie: "Pele a Soccer Legend" Catholic Mass Word in a Word Dr. Jenner's Lecture: Art Deco	Ch. 975 Only Arts Center Ballroom Ch. 975 Only Ch. 975 Only Ballroom Club Room Ballroom
WED	7:45 am 10:00 am 10:00 am 12:00 pm 1:30 pm 1:30 pm 2:30 pm 4:00 pm 5:00 pm	Depart to: Trader Joe's " Rockville Pike" Virtual DVD Exercise Class – Core Strength (Pilates) Exercise with Aaron Gamble – Strength & Tone 25 Most Beautiful Destinations in Europe Cabin John Shopping Ctr. (Sign up Required) Men's Discussion Group Popcorn & a Movie Social- "The Wizard of Oz" Afternoon Bingo Evening Movie: "Walk Ride Rodeo"	Lobby Ch. 975 Only Ballroom Ch. 975 Only Lobby Ballroom BR/Ch.975 Club Room Ch. 975 Only
THURS	10:00 am 11:30 am 12:00 pm 2:00 pm 3:00 pm 4:00 pm 5:00 pm	Virtual DVD Exercise Class – Core Stretch Balance Class (PT physical assessment needed) Queen Elizabeth II vs. Princess Margaret Afternoon Movie: "Tricky Dick and the Man in Black" Spring Tropical Smoothie Social Art & Crafts with Margaret Finch Evening Movie: That Touch of Mink	Ch. 975 only Ballroom Ch. 975 only Ch. 975 only Club Room/Patio Arts Center Ch. 975 Only
FRI	10:00 am 11:00 am 12:00 pm 1:00 pm 1:15 pm 2:00 pm 7:30 pm 8:00 pm	Virtual DVD Exercise Class – Yoga Class with Anne Exercise with Dominique: Core & Muscle Tone Virtual Tai Ch Knitting Circle Scenic Drive Thru the Kenwood Community Afternoon Movie: "Howard's End" Social Bridge Movie Night: The Age of Innocence	Ch. 975 Only Ballroom Ch. 975 Only Piano Lounge Lobby Ch. 975 Only Club Room BR/Ch.975
SAT	11:00 am 2:00 pm 2:00 pm 7:30 pm	Taylor Marie's Apparel Spring Shopping Afternoon tea Afternoon Movie: To be Announced Bingo	Ballroom Piano Lounge 975 Only Ballroom
SUN	2:00 pm 3:00 pm	Afternoon Movie: To Be Announced Billiards Team Play	Ch. 975 Only Billiards Room

Weekly Transportation to Doctor Appointments:
 (see additional transportation shuttles on schedule above)

Monday, Tuesday & Thursday

8:00am - 4:00pm

Wednesday & Friday

8:00am - 12:00pm