

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MARCH 2024

MAPLEWOOD PARK PLACE



3
9:30am Church Shuttle to St Jane De Chantal – L
11:00am Sunday Brunch – DR
3:00pm Billiards Team Play – BLR

4
10:00am Headlines & Coffee Talk – BR
10:00am Virtual Exercise Class – Ch 975
11:15am Dumbbell “Surprise” Workout – BR
1:30pm Trader Joe’s Shuttle – L
2:00pm Chair Yoga Class -BR
2:00pm Billiards Team Play – BLR
4:00pm Trivial Pursuit – CR
8:00pm Movie Night “Little Woman” – Ch 975

5
10:00am Virtual Exercise Class- Ch 975
10:30am Cardio Balance Class- BR
11:00am Movie Committee Meeting – AC
11:30am Balance Class- BR
2:00pm Food Discussion – PL
2:30pm Reminiscing Discussion- CR
3:00pm Word Game – CR
3:30pm Guest Lecture Series w/Iris Lipkowitz” - BR
4:00pm Happy Hour - DR

6
10:00am Virtual Exercise Class – Ch 975
10:00am Bodyweight workout – BR
11:00am Water Aerobics Class – P
11:00am Extended Shopping at Montgomery Mall – L
1:30pm Meditation in Motion – BR
2:00pm Billiards Team Play – BLR
2:00pm Care Partner’s Support Group – BDR
4:00pm Bingo – CR
4:30pm Resident Reception – PL

7
10:00am Virtual Exercise Class- Ch 975
10:30am Core Strength & Flexibility – BR
11:30am Balance Class – BR
1:30pm Mahjong – AC
4:00pm Happy Hour – DR
4:00pm Art & Craft “Drawing” – AC
7:00pm Live Concert w/ Raffi Kasparian “Classical Pianist” - BR

8
9:30am Fresh Flower Arranging – DR
10:00am Virtual Exercise Class – BR
10:00am Dumbbell “Surprise” Workout – BR
11:00am Exercise for Wellness – BR
12:00pm Virtual Tai Chi Class – Ch975
1:30pm Old Georgetown Rd. Shuttle- L
2:00pm Billiards Team Play – BLR
2:30 pm Shabbat Service - BDR
3:30pm Guest Lecture Series w/James Hollis – BR
8:00pm Movie Night “Adaptation” – Ch 975

9
11:15am Trip to Germantown Regal “MET Opera” - L
2:00pm Afternoon Tea – PL
7:30pm Bingo – BR

10
9:30am Church Shuttle to St Jane De Chantal – L
11:00am Sunday Brunch – DR
2:00pm – Live Concert with Gesher Chorale – BR
3:00pm Billiards Team Play – BLR
Ramadan Begins
Daylight Saving Time Begins

11
10:00am Headlines & Coffee Talk – BR
10:00am Virtual Exercise Class – Ch 975
11:15am Dumbbell “Surprise” Workout – BR
1:30pm Cabin John Shuttle – L
2:00pm Chair Yoga Class -BR
2:00pm Billiards Team Play – BLR
4:00pm Trivial Pursuit – CR
8:00pm Movie Night “The Pelican Brief” – Ch 975

12
10:00am Virtual Exercise Class- C975
10:30am Cardio Balance Class- BR
10:30am Activities Committee Meeting – AC
11:30am Balance Class- BR
1:00pm Needle Nimble - PL
2:00pm Food Discussion – PL
2:30pm Catholic Mass – BR
3:00pm Word Game – CR
4:00pm Happy Hour – DR
7:30pm Dr. Jenner Lecture Series – BR

13
10:00am Virtual Exercise Class – Ch 975
10:00am Bodyweight workout – BR
11:00am Water Aerobics Class – P
11:30am Lunch Outing at Pines of Rome Restaurant- L
1:30pm Meditation in Motion – BR
2:00pm Billiards Team Play – BLR
2:00pm Care Partner’s Support Group – BDR
4:00pm Bingo – CR
7:30pm Guest Lecture Series/Health Issues Committee - BR

14
10:00am Virtual Exercise Class- Ch 975
10:30am Core Strength & Flexibility – BR
11:30am Balance Class – BR
1:30pm Mahjong – AC
2:00pm Book Club - CR
4:00pm Art & Craft – **Cancelled**
4:00pm Art & Craft “Flowerpots Painting” – AC

15
9:30am Fresh Flower Arranging – DR
10:00am Dumbbell “Surprise” Workout – BR
11:00am Exercise for Wellness – BR
12:00pm Virtual Tai Chi Class – Ch975
1:30pm Old Georgetown Rd. Shuttle- L
2:00pm Billiards Team Play – BLR
4:00pm St. Patrick’s Day Happy Hour- PL
8:00pm Movie Night “Open Range” – Ch 975

16
10:30am Taylor Marie Spring Community Shopping - BR
2:00pm Afternoon Tea – PL
7:30pm Bingo – BR

17
9:30am Church Shuttle to St Jane De Chantal – L
11:00am Sunday Brunch – DR
3:00pm Billiards Team Play – BLR
St. Patrick’s Day

18
10:00am Headlines & Coffee Talk – BR
10:00am Virtual Exercise Class – Ch 975
11:15am Dumbbell “Surprise” Workout – BR
1:30pm Trader Joe’s Shuttle – L
2:00pm Chair Yoga Class -BR
2:00pm Billiards Team Play – BLR
2:00pm Building & Facilities Committee Meeting- BRD
4:00pm Trivial Pursuit – CR
8:00pm Movie Night “Open Range” – Ch 975

19
10:00am Virtual Exercise Class- C975
10:30am Cardio Balance Class- BR
11:30am Balance Class- BR
2:00pm Food Discussion – PL
3:00pm Word Game – CR
3:30pm Guest Lecture Series w/Barbara Mathias-Riegel - BR
4:00pm Happy Hour – DR
7:30pm MPP Wizard Game with Michelle Micheals– BR
Spring Begins

20
10:00am Virtual Exercise Class – C975
10:00am Bodyweight workout – BR
11:00am Water Aerobics Class – P
10:30am Trip to the National Museum of African Art – L
1:30pm Meditation in Motion – BR
2:00pm Billiards Team Play – BLR
2:00pm Care Partner’s Support Group – BDR
3:30pm Broadway Lecture Series w/Steven Friedman - BR
4:00pm Bingo – CR

21
10:00am Virtual Exercise Class- Ch 975
10:00am Coop Board Meeting - BR
10:30am Core Strength & Flexibility – CR
11:30am Balance Class – CR
1:30pm Mahjong – AC
3:00pm “Everybody” Documentary: Julie Cohen – BR
4:00pm Happy Hour – DR
4:00pm Art & Craft “Rocks Painting” – AC
7:30pm Live Trio Concert - BR

22
9:30am Fresh Flower Arranging – DR
10:00am Dumbbell “Surprise” Workout – BR
10:00am Virtual Exercise Class – BR
11:00am Exercise for Wellness – BR
12:00pm Virtual Tai Chi Class – Ch975
1:30pm Old Georgetown Rd. Shuttle- L
2:00pm Billiards Team Play – BLR
2:30 pm Shabbat Service - BDR
8:00pm Movie Night “Monsters Ball” – Ch 975

23
11:45am Trip to Germantown Regal “MET Opera” – L
2:00pm Afternoon Tea – PL
7:30pm Bingo – BR
Purim Begins

24
9:30am Church Shuttle to St Jane De Chantal – L
11:00am Sunday Brunch – DR
2:15pm Trip to Strathmore Music Center “BSO” - L
3:00pm Billiards Team Play – BLR
Palm Sunday

25
10:00am Headlines & Coffee Talk – BR
10:00am Virtual Exercise Class – Ch 975
11:15am Dumbbell “Surprise” Workout – BR
1:30pm Trader Joe’s Shuttle – L
2:00pm Chair Yoga Class -BR
2:00pm Billiards Team Play – BLR
4:00pm Trivial Pursuit – CR
8:00pm Movie Night “The Wrong Man” – Ch 975

26
10:00am Virtual Exercise Class- Ch 975
10:30am Cardio Balance Class- BR
11:30am Balance Class- BR
2:00pm Food Discussion – PL
3:00pm Word Game – CR
3:00pm Protestant Communion Service- BR
4:00pm Happy Hour – DR

27
10:00am Virtual Exercise Class – Ch 975
10:00am Bodyweight workout – BR
11:00am Water Aerobics Class – P
11:00am Trip to Far East Restaurant– L
12:00pm Dollar Tree Shuttle - L
1:30pm Meditation in Motion – BR
2:00pm Billiards Team Play – BLR
2:00pm Care Partner’s Support Group – BDR
3:00pm Landscaping Committee-BDR
4:00pm Bingo – CR
7:30pm Art Lecture w/ Judy Feldman- BR

28
10:00am Virtual Exercise Class- Ch 975
10:30am Core Strength & Flexibility – BR
11:30am Balance Class – BR
1:30pm Mahjong – AC
4:00pm Happy Hour – L
4:00pm Art & Craft “Sip & Paint” – AC

29
9:30am Fresh Flower Arranging – DR
10:00am Dumbbell “Surprise” Workout – BR
10:00am Virtual Exercise Class – BR
11:00am Exercise for Wellness – BR
12:00pm Virtual Tai Chi Class – Ch975
1:30pm Rockville Pike Shuttle- L
2:00pm Billiards Team Play – BLR
8:00pm Movie Night “Monsters Ball” – Ch 975

30
2:00pm Afternoon Tea – PL
7:30pm Bingo – BR

31
9:30am Church Shuttle to St Jane De Chantal – L
11:00am Sunday Brunch – DR
1:30pm Sunday Opera- BR
3:00pm Billiards Team Play – BLR
Easter Sunday

