Sunday Monday Tuesday Wednesday Thursday Friday Saturday 9:30am Fresh Flower Arranging – DR 10:00am Dumbbell "Surprise" Workout 2:00pm Afternoon Tea – PL **MARCH 2024** 7:30pm Bingo – BR 10:00am Food Committee Meeting-BRD 11:00am Exercise for Wellness – BR 12:00pm Virtual Tai Chi Class - Ch975 1:30pm Old Georgetown Rd. Shuttle-L 2:00pm Billiards Team Play – BLR MAPLEWOOD PARK PLACE 8:00pm Movie Night "A Perfect Murder" – Ch 975 9:30am Fresh Flower Arranging – DR 10:00am Headlines & Coffee Talk – BR 4 10:00am Virtual Exercise Class- Ch 9755 10:00am Virtual Exercise Class – Ch 975 10:00am Virtual Exercise Class-0:00am Virtual Exercise Class – BR 10:00am Virtual Exercise Class - Ch 0:00am Bodyweight workout – BR 10:30am Cardio Balance Class- BR 9:30am Church Shuttle to St 10:00am Dumbbell "Surprise" Workout – BR 11:15am Trip to 1:00am Water Aerobics Class - P 10:30am Core Strength & Flexibility -11:00am Movie Committee Meeting -Jane De Chantal – L 11:00am Exercise for Wellness – BR Germantown Regal "MET 11:00am Extended Shopping at 11:15am Dumbbell "Surprise" Workout AC 12:00pm Virtual Tai Chi Class – Ch975 Montgomery Mall - L 11:30am Balance Class - BR 11:00am Sunday Brunch -11:30am Balance Class- BR Opera" - L 1:30pm Old Georgetown Rd. Shuttle- L 1:30pm Meditation in Motion – BR 1:30pm Trader Joe's Shuttle - L 2:00pm Food Discussion – PL 1:30pm Mahjong – AC 2:00pm Billiards Team Play – BLR 2:00pm Afternoon Tea – PL ::00pm Billiards Team Play – BLR 4:00pm Happy Hour – DR 2:00pm Chair Yoga Class -BR 2:30pm Reminiscing Discussion- CR 2:30 pm Shabbat Service - BDR 2:00pm Care Partner's Support Group -7:30pm Bingo – BR 3:00pm Billiards Team Play -3:00pm Word Game - CR 4:00pm Art & Craft "Drawing" – AC 2:00pm Billiards Team Play – BLR 3:30pm Guest Lecture Series w/James 1:00pm Trivial Pursuit – CŔ 3:30pm Guest Lecture Series w/Iris 7:00pm Live Concert w/ Raffi Hollis – BR 1:00pm Bingo – CR BLR 8:00pm Movie Night "Adaptation" - Ch ipkowitz" - BR 8:00pm Movie Night "Little Woman" 4:30pm Resident Reception - PL Kasparian "Classical Pianist" - BR :00pm Happy Hour - DR 10:00am Virtual Exercise Class – Ch 9713 10:00am Virtual Exercise Class- C975 10:00am Headlines & Coffee Talk – BR 10:00am Virtual Exercise Class – Ch 9:30am Fresh Flower Arranging – DR**15** 10:00am Dumbbell "Surprise" Workout 16 10:00am Virtual Exercise Class-0:00am Bodyweight workout – BR 0:30am Cardio Balance Class- BR 9:30am Church Shuttle to St 10:30am Taylor Marie Ch 975 1:00am Water Aerobics Class - P 10:30am Activities Committee Meeting 10:30am Core Strength & Flexibility -Jane De Chantal – L 1:30am Lunch Outing at Pines of Rome **Spring Community** 11:15am Dumbbell "Surprise" Workout 11:00am Exercise for Wellness – BR - AC Restaurant-L 11:00am Sunday Brunch - DR - BR 11:30am Balance Class-BR 12:00pm Virtual Tai Chi Class – Ch97 Shopping - BR 1:30pm Meditation in Motion – BR 11:30am Balance Class - BR 2:00pm - Live Concert with 1:00pm Needle Nimble - PL :30pm Cabin John Shuttle – L 1:30pm Old Georgetown Rd. Shuttle-2:00pm Billiards Team Play – BLR 1:30pm Mahjong – AC 2:00pm Afternoon Tea – PL ::00pm Food Discussion – PL 2:00pm Chair Yoga Class -BR 2:00pm Billiards Team Play – BLR Gesher Chorale - BR 2:00pm Care Partner's Support Group -2:00pm Book Club - CR 2:00pm Billiards Team Play – BLR 2:30pm Catholic Mass - BR 7:30pm Bingo – BR 4:00pm St. Patrick's Day Happy 3:00pm Billiards Team Play -4:00pm Happy Hour – Cancelled 3:00pm Word Game – CR 4:00pm Trivial Pursuit – CR 4:00pm Bingo – CR Hour- PL 4:00pm Art & Craft "Flowerpots BLR 4:00pm Happy Hour – DR :30pm Guest Lecture Series/Health 8:00pm Movie Night "The Pelican 8:00pm Movie Night "Open Range" Ramadan Begins Painting" – AC :30pm Dr. Jenner Lecture Series - BR ssues Committee - BR Brief" - Ch 975 Daylight Saving Time Begins Ch 975 10:00am Virtual Exercise Class- C975 19 10:00am Virtual Exercise Class – C975**20** 10:00am Headlines & Coffee Talk – BR 10:00am Virtual Exercise Class – Ch 975 9:30am Fresh Flower Arranging – DR 22 10:00am Dumbbell "Surprise" Workout 10:00am Virtual Exercise Class-23 0:30am Cardio Balance Class- BR 0:00am Bodyweight workout – BR Ch 975 9:30am Church Shuttle to St 11:15am Dumbbell "Surprise" Workout -1:30am Balance Class-BR 1:00am Water Aerobics Class - P 10:00am Coop Board Meeting - BR 10:30am Trip to the National Museum of :00pm IT Committee Meeting- BDR Jane De Chantal – L 10:30am Core Strength & Flexibility – CR 11:45am Trip to 10:00am Virtual Exercise Class – BR 2:00pm Food Discussion - PL African Art - L :30pm Trader Joe's Shuttle - L 1:30am Balance Class - CR 11:00am Exercise for Wellness – BR Germantown Regal "MET 11:00am Sunday Brunch – 3:00pm Word Game – CR 1:30pm Meditation in Motion - BR 2:00pm Chair Yoga Class -BR :30pm Mahjong – AC 12:00pm Virtual Tai Chi Class – Ch97 3:30pm Guest Lecture Series w/Barbara 2:00pm Billiards Team Play – BLR Opera" – L 2:00pm Billiards Team Play - BLR 3:00pm "Everybody" Documentary: 1:30pm Old Georgetown Rd. Shuttle-2:00pm Care Partner's Support Group -Mathias-Riegel - BR 2:00pm Building & Facilities Committee Julie Cohen - BR 3:00pm Billiards Team Play -2:00pm Afternoon Tea – PL 2:00pm Billiards Team Play – BLR 4:00pm Happy Hour – DR Meeting- BRD 4:00pm Happy Hour – DR 7:30pm MPP Wizard Game with Michelle 3:30pm Broadway Lecture Series 2:30 pm Shabbat Service - BDR 7:30pm Bingo – BR BLR 4:00pm Trivial Pursuit – CR 4:00pm Art & Craft "Rocks Painting" – A0 Micheals- BR w/Steven Friedman - BR 8:00pm Movie Night "Monsters Ball" 8:00pm Movie Night "Open Range" -7:30pm Live Trio Concert - BR 4:00pm Bingo – CR St. Patrick's Day - Ch 975 Purim Begins Spring Begins Ch 975 10:00am Virtual Exercise Class – Ch 9727 10:00am Virtual Exercise Class-28 9:30am Fresh Flower Arranging – 29 10:00am Headlines & Coffee Talk – BR 10:00am Virtual Exercise Class – C 10:00am Virtual Exercise Class-26 0:00am Bodyweight workout – BR Ch 975 Ch 975 9:30am Church Shuttle to St 2:00pm Afternoon Tea – PL 1:00am Water Aerobics Class - P 0:30am Cardio Balance Class- BR 10:00am Dumbbell "Surprise" Workou 10:30am Core Strength & Flexibility Jane De Chantal – L 1:00am Trip to Far East Restaurant-L 11:15am Dumbbell "Surprise" Workout 7:30pm Bingo – BR 11:30am Balance Class- BR 12:00pm Dollar Tree Shuttle - L - BR 11:00am Sunday Brunch - DR 2:00pm Food Discussion - PL 10:00am Virtual Exercise Class – BR 1:30pm Meditation in Motion – BR 11:30am Balance Class – BR :30pm Trader Joe's Shuttle - L 2:15pm Trip to Strathmore 3:00pm Word Game – CR 11:00am Exercise for Wellness – BR 2:00pm Billiards Team Play – BLR 1:30pm Mahjong – AC 2:00pm Chair Yoga Class -BR 3:00pm Protestant Communion 12:00pm Virtual Tai Chi Class - Ch975 Music Center "BSO" - L 2:00pm Care Partner's Support Group -4:00pm Happy Hour – L 2:00pm Billiards Team Play - BLR 1:30pm Rockville Pike Shuttle- L Service- BR 3:00pm Billiards Team Play -4:00pm Art & Craft "Sip & Paint"-4:00pm Trivial Pursuit – CR 4:00pm Happy Hour - DR 3:00pm Landscaping Committee-BDR 2:00pm Billiards Team Play – BLR BLR 1:00pm Bingo – CR 8:00pm Movie Night "The Wrong 8:00pm Movie Night "Monsters Ball" 7:30pm Art Lecture w/ Judy Feldman- BR Man" - Ch 975 - Ch 975 Palm Sunday 31 9:30am Church Shuttle to St Jane De Chantal – L 11:00am Sunday Brunch – 1:30pm Sunday Opera- BR 3:00pm Billiards Team Play -BLR Easter Sunday